



### Defensive Zone- Loss

(you should go into the setup anticipating a loss of the face-off so you are ready to stop them from shooting - start moving to your person as soon as you see the ref move his hand to drop the puck)

When opposing team offense lines up like above, we do the following:

- C- tie up opposing center
- LW- breaks through circle to shooter and stays with her until sure she won't get puck, then release to cover your point
- RW- break to point
- LD- move to close off lane to net (don't block goalie)
- RD- lock up opposing wing